



# OLBAS<sup>®</sup> OIL

**All Natural**

## Essential Oil Formula

 **Penetrating Vapors Stimulate And Enhance Breathing Passages**

 **Soothes Tired Muscles**

**Contains:** Essential Oils of Peppermint, Eucalyptus, Cajeput, Wintergreen, Juniper and Clove.

**Warning:** For external use only. Avoid contact with eyes. Keep out of the reach of children. In case of accidental ingestion, seek professional assistance or contact a poison control center immediately.

Manufactured by: G.R. Lane Health Products Ltd., Gloucester, UK  
**Imported, Packed & Distributed by:**  
 Penn Herb Company, Ltd.  
 Philadelphia, PA 19154-3293

[www.Olbas.com](http://www.Olbas.com)  
 Cruelty-Free



### Directions:

#### Inhalation:

Inhaling vapors from a tissue sprinkled with 5-10 drops of Olbas Oil quickly stimulates and enhances the breathing passages; or, tuck the tissue inside a pillowcase at night. Add 20 drops of Olbas Oil to a bowl of hot water, place a towel over the head and breathe vapors in deeply for 5 to 10 minutes.

**Massage:** Apply Olbas Oil generously and gently massage the body. Stimulates surface circulation and delivers comfort to tired muscles and joints.

**Head:** Massage a drop or two directly on the forehead and temples (Avoid contact with eyes).

**Sore, aching feet:** Massage directly on feet or add 25-50 drops of Olbas Oil to a dishpan of hot or cold water and soak feet for 10 to 15 minutes.

**Compress:** Add 10-20 drops of Olbas Oil to a bowl of hot or cold water. Submerge a cloth in the water, wring it out and place it on the desired area. Hot compresses feel soothing for aching bodies; cold compresses feel refreshing on the forehead.



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## Aromatherapy Inhalant and Massage Oil

**PENETRATING Vapors**

1.65 FL. OZ. / 50 mL

### Olbas From Switzerland

Originating in Basel, Switzerland over 100 years ago, Olbas Oil contains six essential oils -- each with its own unique value in maintaining wellness. These oils are carefully extracted from traditional plants and blended to make the Olbas formula truly unique.

#### Benefits of Olbas Oil

**Inhalation:** Olbas Oil is a completely natural essential oil formula that delivers invigorating and soothing sensations to the nasal and bronchial areas.

**Massage:** Applied to the body, Olbas Oil tends to stimulate circulation at the surface of the skin, and provides a comfortable feeling in the muscles and joints.

**Sports:** Athletes praise the value of Olbas Oil. Massaging with Olbas Oil helps loosen muscles and make them supple, while inhaling Olbas vapors may help support endurance and performance.



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